

Harvest Stand Menu | September 15 – 19

1. Each day of the week there are six items listed that correspond to each of the six slots on the stand.
2. To meet Veg Sub-group requirements, offer Romaine salad, carrot or tomato, and vegetable crunchies as designated on the menu.
3. **For Fresh Fruit lines 4 and 5, only order 1 fruit per slot.** Sites have the flexibility to order the standard items that are listed at the bottom of the weekly menu. Items left from breakfast service can be used in the Fresh Fruit spots.
4. Order more bulk items and bag them using a tape machine since they are more cost-effective; reduce IW items as they are more costly.
5. If items ordered are different than the options listed, they will be replaced with the items designated below.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cabbage-Kale Salad	Romaine Salad	Cabbage-Kale Salad	Romaine Salad	Romaine Salad
2	Mini Broccoli Florets	Cauliflower Florets	Farmer's Harvest: Mini Persian Cucumbers	Cauliflower Florets	Mini Broccoli Florets
3	Carrot	Celery Sticks	Grape Tomato	Celery Sticks	Carrot
4	Fresh Fruit	Fresh Fruit	Farmer's Harvest: Dickinson Gala Apples	Fresh Fruit	Fresh Fruit
5	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
6	Cherry Smooth Cup	Vegetable Crunchies	Orange Medley Juice	Vegetable Crunchies or Berry Berry Blue Slush	Paradise Punch Veg Juice

Fresh Fruit Options

Pluot	Plum	Pear, Bartlett
Banana - DO NOT order for Mondays	Apple Slices, Red	Orange

Condiments/Supplies

Liquid Chamoy	NNC Sites: Ranch Dressing, Packet Prep Sites: Ranch Dressing, Scratch	Tajin Seasoning Packet
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